



2 february 2016

HSZC Sangha Newz' & Events 2016



mondays

- * 7:00 am zazen (sitting meditation)
- * 7:40 am morning service - (chanting service)

6:00 pm zazen
6:40 pm evening chanting service

* last monday of each month, no morning schedule

tuesdays - fridays

6:00 am zazen
6:40 am kinhin (walking meditation)
6:50 am zazen
7:20 am chanting service
7:40 am soji (brief temple cleaning)

6:00 pm zazen
6:40 pm chanting service

thursdays study hour
(buddhist text) 7:30pm



Cloud People

(Speaking to a Hermit, Monk & Abbot Chich'eng, in China's Mountains, Hsingching Temple)

...Q: I imagine it is quiet here?

C: If people are quiet, they can be quiet anywhere. If people aren't quiet, they won't be quiet here. Everything depends on you. Life is transient, like a flash of lightning or a dream. Eighty years pass like a cloud. We're born and then we die. But before we receive this form, we have another face, our original face. We can't see it with our eyes. We can only know it with our wisdom. The sutras



saturdays

6:30 am zazen
 7:10 am chanting service
 7:25 am soji
 8:30 am drop-in instruction
 9:25 am zazen
 10:15 am dharma talk
 11:00 am refreshments/social *

** if a ceremony applies it will
 occur before social time*



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 Temple, Dharma Study, Resident
 Student Program, Our Practice
 Schedule, and the Space &**

say "That which is beyond form is buddha." We all have the buddha-nature. We're all destined to become buddhas. But Buddhahood isn't something that can be achieved in a couple of days. You have to practice before you can become aware of your original nature, your original face.

Q: When people visit, do you teach them the Dharma?

C: That depends. Everyone's different. To teach, you have to understand what's in the other person's heart, and you have to have some ability. If someone is drowning and you can't swim, it doesn't do any good to jump in yourself...

[Road to Heaven: Encounters with Chinese Hermits - Bill Porter](#)

~ **upcoming events** ~

dharma talks @10:15am, saturdays

hszc speakers

Myō Lahey - Feb 6, 13, 20

Daiko Tanzen, David Bullock - TBD

guest speakers

[Shokan Jordan Thorn - feb 27](#); [Anshi Daigi Zachary Smith - mar 5](#); Peter Van Der Sterre - March

12; [Kogen Seido Jamie Howell - apr 16](#); Kyosho Valorie Beer - may 28; [Anshi Daigi Zachary Smith - jun 4](#); Ko Shin Steven Tierney - jul 2; [Peter Van Der Sterre - jul 30](#); Renshin Bunce - aug 6; [Shokan Jordan Thorn - sept 24](#); Ko Shin Steven Tierney - dec 17;

Programs offered to the Public.

Donations are tax deductible
we are a 501-C 3 non-profit



Chinese new year! saturday, Feb 6th

@11am (we observe) Chinese New Year - décor, treats and the symbolic call to our deceased loved ones, followed by offerings to make their current state a more enjoyable one and just remember them and send loving intentions through joss paper offerings.

It is also the event we recognize our completed goals and wishes by offering our Daruma to the beyond in the joss paper fire and installing a new Daruma by coloring in one eye as setting the goal (traditional Daruma process).



full moon ceremony saturday; Feb 20 @11am full Snow or Hunger moon:

Usually the heaviest snows fall in February. Hunting becomes very difficult, and hence to some Native American tribes this was the Hunger Moon

study hour - thursdays @7:30pm: selected Studies of Zen Master Dōgen. see our website for details. So far all have been from the Dōgen Shobōgenzo version compiled and translated by Kazuaki Tanahashi.

half day retreats - contact: hszc108@yahoo.com to register, we will begin to have half day retreats primarily aligned with full moon ceremony or other Buddhist holiday/events. 6am to 1pm, oryoki breakfast - current scheduled dates include:

**feb 20
apr 9**

jun 18**closure & schedule changes:**

last monday of each month - no morning program,
only evening schedule

monday feb 15 - closed all day, Presidents' day

founder monthly memorials - Issan's is the **6th** of
each month and Philip's is the **26th** (or closest dates
to these if cant be on that day) evenings at 6:40pm or
saturday mornings

practice discussions at hszc are available with
Rev. Daiko Tanzen, David Bullock. and Dokusan with
Rev. Myo Lahey please call us, approach them directly,
or email: hszc108@yahoo.com to request to schedule
time.

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1 block from hszc, circa ~ 1948

*transcribed by sangha -***Words from our Abbot, Rev Myo Lahey:**

...ever-joyous is not a particular easily labeled state of mind, if it becomes that, if that becomes our goal then we are back in the state of life extending magic. It's more like even this joyousness is if with our final breath we can appreciate that a dead tree has bloomed. Often when I travel I don't feel so well, I don't know why that is, it's always been the case and then when I get home it takes a while for that to wear off, so right now I don't feel so well. The temptation just like to human temptation to fall to quarrel is to seize on that, and make it something substantial. But to do that is an insult to the buoyancy of our being. It means we're willing to substitute a small slice of life that we can and recognize and think we enjoy in place of its wholeness and once we do that, pretty soon, we will fall to quarreling.

Better to be bareheaded and barefoot which our sitting practice is like that, just to sit down in the midst of whatever is emerging is to be bareheaded and barefoot and to do this over and over with the same whole-hearted-spirit is the Buddha Way; and if we really devote ourselves to that quarrelsomeness and fear based reactivity and aggression will slowly decline. And then the half dead universe of the standard model is seen to be very, very partial and instead the whole world, all worlds come alive.

[hszc talk 03/27/2010](#)



Archive project in process: We are starting to do a bit more archiving. A few years back we scanned in all Newsletters that were produced and we had copies of going back to 1984 to be able to offer electronically and have into the future when the paper is dissolved. We now are slowly looking at cassette tape recorded dharma talks, we look forward soon to being able to travel back in time (and take you with us) and hear both Rev Myo from years ago, but also many individuals who were at hszc a while and no longer, or even individuals who are not here in our sensory perceivable existence now; some names written on the cassettes include Lou Hartman, Ottmar Engel, Steve Allen, Jerome and many other folks you may know or been around to hear the talks 20+ years ago. Soon to be published to the public for the first time... Stay Tuned!

HIV meditation group; weekly meditation group for those living with HIV, their friends, families, community supporters & anyone who wants to join us!
 thursdays & fridays
 10:30am zazen
 11:00am garden socializing

meditation in recovery; weekly meditation group for men & women in recovery from addiction
 fridays, 7:30pm - 9pm

(women only) meditation in recovery; monthly meditation group for women in recovery from addiction
 first thurs, 7:15pm -8:45pm

(men only) meditation in recovery; a monthly meeting for men in recovery from addiction
 3rd thurs of every month, 7:30pm-8:30pm

board of director meetings; you're invited to attend & observe!
 second weds of each month, 7:30pm

Abbot, hartford street zen center --- Reverend Myō Lahey ---



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please submit stories, reflections,
 personal news, artwork & photography
 for future newsletters to
 KeiDo at

tetsugen.keido@yahoo.com

may this newsletter find you well
 & equanimous! __/__



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**please contact us for rental space & events, ceremonies performed by a zen priest -
 weddings, memorials, coming of age & baby naming events**

find other sf bay area lgbtqqi/queer community events & venues [here](#) - or - [here](#)

